

ADULT SCHEDULE

MON	TUE	WED	THU	FRI	SAT
Boxing Bootcamp 9-10AM Coach Elias		Boxing Bootcamp 9-10AM Coach Elias		Boxing Bootcamp 9-10AM Coach Elias	Boxing Bootcamp 8-9AM Coach Elias
Boxing 5:30-6:30PM Coach Elias	Muay Thai Kickboxing 5:30-6:30PM Coach Elias	Boxing 5:30-6:30PM Coach Elias	Muay Thai Kickboxing 5:30-6:30PM Coach Elias	Boxing 5:30-6:30PM Coach Elias	Boxing 9-10AM Coach Elias
Muay Thai Kickboxing 6:30-7:30PM Coach Elias	Boxing 6:30-7:30PM Coach Elias	Muay Thai Kickboxing 6:30-7:30PM Coach Elias	Boxing 6:30-7:30PM Coach Elias		Muay Thai Kickboxing 10-11AM Coach Elias
Boxing 7:30-8:30PM Coach Elias	Muay Thai Kickboxing 7:30-8:30PM Coach Trevor	Boxing 7:30-8:30PM Coach Elias	Kickboxing 7:30-8:30PM Coach Jarrod		